

## Shilhay Resettlement

The **Shilhay Resettlement Team** is based in Gabriel House. The team works to assist residents in identifying strengths and meeting support needs whilst planning for and achieving appropriate move-on.

The Team has access to a wide variety of local, district, and regional move-on accommodation options and will support applications to Local Authorities, and to specialist and general housing.

Shilhay Community has three shared housing move-on projects in the City offering low-level "floating" support. Referrals can be made to these projects directly from Gabriel House.

### Mount Pleasant Move-On Houses in Exeter



**Gabriel House**

Gabriel House is owned by Bournemouth Churches Housing Association and managed by Exeter Shilhay Community Ltd.,

## CONTACT DETAILS:

**Gabriel House**  
10 Smythen Street  
Exeter  
EX1 1BN

Tel: (01392) 258899

Fax: (01392) 216178

email: [enquiries@shilhay.org.uk](mailto:enquiries@shilhay.org.uk)

**Shilhay Community Resettlement Team:**

Tel: (01392) 436372

**Street Homeless Outreach Team (SHOT)**

Clock Tower Surgery

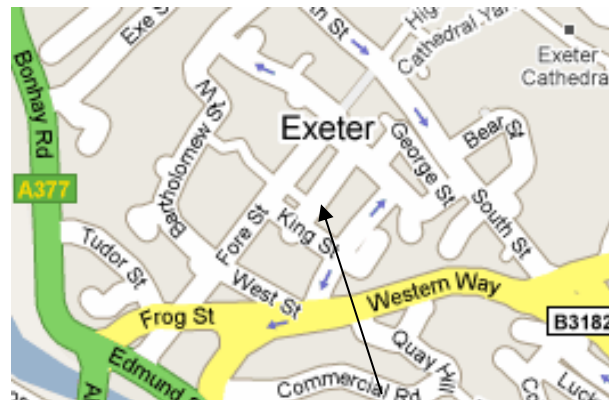
9 New North Road

Exeter EX4 4HF

Tel: (01392) 208294

Fax: (01392) 438326 or 208291

## HOW TO FIND US:



**Gabriel House is here**

**Central Office:**  
Exeter Shilhay Community Ltd  
1<sup>st</sup> - 3<sup>rd</sup> Floor, Armada House,  
15 New North Road,  
Exeter, EX4 4HF  
Web: [www.shilhay.org.uk](http://www.shilhay.org.uk)  
email: [enquiries@shilhay.org.uk](mailto:enquiries@shilhay.org.uk)

**Registered Charity Number 262785**  
**Company registration Number: 1011534 England**



# GABRIEL HOUSE RESETTLEMENT PROJECT

**A Residential Project  
for people who are  
homeless**

## What is Gabriel House?

Gabriel House is a Resettlement Project for men and couples between 18 and 65 who are homeless or at risk of becoming homeless.

The Project accommodates and supports residents in establishing a more stable lifestyle, addressing support needs and engaging in opportunities to improve social, life, and welfare skills.

- Gabriel House is staffed 24hrs daily.
- Dogs can be accommodated within the building.
- The Project has 'Conditions of Stay' which reflect and protect the needs of residents
- The Project does not condone the use of alcohol or illicit drugs on or near the premises.



## What can I expect if I move in?

### Facilities:

- All residents have a room with en-suite facilities (shower, toilet and washbasin).
- All rooms are divided into small clusters sharing a kitchen / dining / lounge area.

Set across 4 floors Gabriel House has;

- 36 rooms with en-suite facilities
- four self-catering studio flats
- meeting rooms
- laundry
- computer facilities
- training kitchen
- external patio and garden area
- large communal space for recreational and educational activities.

## Activities:

A wide range of activities take place within Gabriel House. These include:

### Health Care

- \* Nurse drop in weekly
- \* Drug intervention clinic
- \* Counsellor

### Day Trips and Outings

- \* Eden Project Great Day Out
- \* Dartmoor
- \* Coast
- \* Fishing
- \* Outward Bound

### Consultation

- \* Newsletters for Service Users
- \* 'Think Tank' innovation meetings
- \* Monthly Residents meetings
- \* Resident's reps

### Recreation Activities (in house and out)

- \* Competitions
- \* Games nights
- \* Film club
- \* Gardening
- \* Drama
- \* Coffee mornings
- \* Sunday Brunch
- \* Special Occasion meals
- \* Parties
- \* Cookery sessions
- \* Arts & Crafts Workshops
- \* Use of IT Suite

### Sports Events

- \* Football
- \* Gym
- \* Canoeing

### Education & Training

- \* Photography courses
- \* Practical Housing Units
- \* Music lessons
- \* Recording skills
- \* Creative Writing

Further services are available at the Meaningful Occupation Project (M.O.P.) at 22 St David's Hill to support residents engaging in social, vocational, educational and training activities and courses.

## How to Access Gabriel House?

Between 9am and 5pm Monday to Friday, vacancies are co-ordinated with the Street Homeless Outreach Team (S.H.O.T.) who are responsible for prioritising referrals into the project. Each referral is assessed in accordance with identified support needs.

## How long can I stay?

The Gabriel House Accommodation Licence Agreement runs for 3 months. Accommodation Licences are reviewed regularly and, where appropriate can be extended.

## How much does it cost?

There are two costs to be paid.

- A personal weekly Service Charge is required to cover the cost of heating, lighting, water and cleaning
- A weekly Rent Charge normally paid through Housing Benefit.

## How do I move on from Gabriel House?

All residents have a named Resettlement and/or Project Worker who will:

- Help improve life and social skills.
- Assist with referrals to specialist services (e.g. health, education, vocation, mediation).
- Help enable you to move on and live more independently